



Pet Care NOTES



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WANT TO GO FOR A WALK?

Exercising a dog is not only a health issue, but it is also a behavioral one as well. Dogs, particularly puppies and young dogs, have a lot of energy and need to burn it off. Otherwise, destructive behavior can be the result. The average dog needs 30 to 60 minutes of exercise daily. The amount of exercise a dog needs depends on its age, breed, and health. Dogs need exercise for health and general well-being, to relieve tension, and to de-stress. Inactive dogs are often overweight, which can bring plenty of health risks. Obesity contributes to a dog's risk of diabetes, respiratory disease, and heart disease. Discuss your dog's exercise program with your veterinarian.

If you are ready to add a loving companion to your family, there's no time like the present to visit your local animal shelter since October is Adopt-A-Shelter-Dog Month. Sponsored by the ASPCA, "Make pet adoption your first option®" is a year-long message promoted by the organization to end the euthanasia of all adoptable pets. And be sure to bring your pet, whether a new buddy or an old faithful friend, to us for complete pet care. We also carry a complete line of high quality pet foods, vitamins, flea & tick prevention products, and grooming products.

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Longmeadow Animal Hospital

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